

Here Goes My Heart, How to Find Love and Romance after 50 is not a book on how to find a perfect mate. Rather, the book leads you to make changes in yourself that can help attract a person who is right for you. This book is spiritually based to help you create an emotional bond that makes dating more fun, intimate and satisfying. Dating can be more challenging after 50 and this book combines contemporary ideas with secrets that have withstood the test of time. After reading and applying the methods, you might find yourself in the love frequency and saying, 'Here goes my heart!'

Linda Prejean is a popular Southern California Life Coach, Speaker and Relationship Mentor. After she obtained her Master's Degree in Counseling Psychology, she initially interned in the field of Marriage/Family Therapy for many years while continuing coursework toward a Ph.D. in Life Coaching. Linda has four books on Kindle for Amazon, part of a ten-book series on Your Ten Powers. She has helped many people find greater satisfaction in relationships increasing the likelihood of love and romance at any age. Linda enjoys sailing with her husband, Jim.

James R. Vevaina, M.D., FACP, FCCP, is an Internal, Pulmonary and Sleep Specialist practicing in La Jolla, California. He is Editor-in-Chief of the textbook on Legal Aspects of Medicine (Springer/Verlag) and Editor-in-Chief of Ethical Aspects of Medicine (Mosby). He is former Acting Chief of Intensive Care at Flushing Hospital and Medical Center and Past President of the San Diego Pulmonary Society. He is also a music composer. He composed the song *Here Goes My Heart* with the Dick Adams Quintet: <https://youtu.be/2Kby8bCb9Q8>

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HOW TO FIND LOVE AND ROMANCE AFTER 50



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